

The Counseling Program



Mrs. Gilbert

Four components

- Guidance
- Responsive Services
- Individual Support
- System Support



Guidance

- Each class receives a lesson every other week
- Kinder receives a lesson every week
- Topics range from conflict resolution, communication skills, identifying and handling emotions, career exploration, middle school transition, etc

2016-2017 Guidance Calendar

August 2016							September 2016							October 2016						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6					1	2	3							
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8
14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15
21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22
28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29
														30	31					

November 2016							December 2016							January 2017						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5				1	2	3	1	2	3	4	5	6	7	
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
27	28	29	30				25	26	27	28	29	30	31	29	30	31				

February 2017							March 2017							April 2017						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4				1	2	3	4							
5	6	7	8	9	10	11	5	6	7	8	9	10	11	2	3	4	5	6	7	8
12	13	14	15	16	17	18	12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28					26	27	28	29	30	31		23	24	25	26	27	28	29
														30						

May 2017							June 2017						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
						6							
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28	29	30	31				25	26	27	28	29	30	

A Week: K, 1, 2, 4
B Week: K, 3, 5
Everybody Week
No Lessons
No Students



Responsive Services

- Individual counseling
 - Due to time constraints, students can only be seen for a few sessions. If needed, outside referrals can be made.
- Small group counseling
 - Usually run between 6-7 sessions
 - Group sizes range from 3-6 students
 - Topics can include: social stars, worry warriors, boys/girls group, etc.

Referrals can come from parents, staff, or students

Individual Support

- Help students create and monitor their own educational and career plans
- At least one lesson a year on college/career
- College and Career Week
- Individual Planning
- Middle School Transition



System Support

- Professional development
- CAC member
- Promoting the counseling program
- Supporting everyone-students, parents, staff, and community

The Parts of a Counselor



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Additional Programs and Responsibilities

Red Ribbon Week

STAAR Testing Coordinator

Career/College Week

SEL Campus Co-Facilitator

Student Council

Gifted and Talented

PALs

Mentor Coordinator

No Place for Hate

Great Kindness Challenge Week

About Mrs. Gilbert

- Five years experience as a teacher-1st and 5th grade
- Five years as a school counselor
- Moved from Dallas in August
- Two wonderful children: Zoë-4 and Jack-2



Contact Information

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